FISK STREET PRIMARY SCHOOL

ANTI-BULLYING POLICY

At Fisk Street Primary School we want all students to feel safe,

Therefore we take bullying seriously

The policy explains what bullying and harassment is, how bullying and harassment can be reported and what we will do to stop it happening.

At Fisk Street Primary School we believe that:

- Bullying is everyone’s business
- Bullying is an abuse of systematic power
- Bullying can involve violence

Bullying is:

- A deliberate, repeated and unjustified behaviour
- Intended to cause fear, distress, or harm to another
- Conducted by a more powerful individual or group against a less powerful individual or group

Bullying may be:

- Physical, verbal, written and/or psychological.
- The person/s being bullied is/are unable to stop it from happening

Examples of bullying:

**Physical** - hitting, punching, pushing, pinching, throwing objects.

**Verbal** - name-calling, teasing, spreading rumours, threatening and intimidation.

**Non-verbal** – threatening or obscene gestures, inappropriate body language, exclusion from a group, removing, hiding or damaging others’ belongings.

**Cyber** – bullying done through the use of technology such as computers, mobile phones, the internet and cameras using email, text messaging, social networking, websites, chat rooms, instant messaging or SMS.
Harassment is:

- Behaviour that targets an individual or group due to their identity, race, culture or ethnic origin, religion, physical characteristics, gender, sexual orientation, marital, parenting or economic status, age, ability or disability

You are targeted because of:

- The type of person you are
- The country you or your family come from
- Your values
- Your religion
- What you look like
- Your parents

*OR because*

- You are a boy or a girl
- You have a disability

This can happen just once or more than once.

What students can do about bullying or harassment?

Students should follow the school’s issue solving and grievance procedures where possible

- Report the bullying to a trusted adult as soon as possible
- Bullying can be reported to the teacher on yard duty or classroom teacher. Students should also tell parents or caregivers.
- Tell the teacher or trusted adult where the bullying happened, how often it has happened and what you have done to try and stop it happening.

What do we do about incidents of bullying or harassment

- We will listen to and talk to the person who has been bullied and the person who has bullied others.
- The severity and seriousness of the bullying will be assessed and appropriate action taken. This may include formal talks, counselling, time out, restricted play, interviews with parents, suspension or exclusion.
- We will seek to help everyone involved to improve their relationships with each other.

It is important to note that the process will change for each situation. Each person is different and each incident of bullying is different.
What Fisk Street Primary School does to reduce bullying

At Fisk Street Primary School we use prevention, intervention and post intervention strategies.

Prevention strategies include:

- Using the curriculum to teach students about respectful relationships
- Teaching students about protective behaviours, conflict resolution and problem solving.
- All students are taught Program Achieve and have weekly lessons to help develop social skills.
- Clear school rules displayed around the school, including classrooms.
- A daily creed that states school rules and expectations that is read out every morning in classrooms.
- Promoting Well-being within the school.
- Implementation of a range of programmes by external providers e.g. Rock and Water and Drumbeat (Mission SA).

Intervention strategies include:

- Counselling students that have been involved in bullying (victims and perpetrators).
- Talking with parents or care-givers about the situation.
- Putting consequences in place for those who bully others.
- Empowering others to be proactive and to act against bullying.
- All staff receive training in how to address bullying effectively and respectfully.
- All staff are supported to deal with bullying when the need arises.
- Plans created to support students develop skills and strategies to interact positively with others.

Post-intervention strategies include:

- Monitoring the situation between the students to ensure their safety and well-being is maintained.
- Reviewing our yard duty procedures to make sure they are effective.
- Reviewing and evaluating behaviour codes.
- Regular updates to be presented to Governing Council of the Effectiveness of the programmes implemented.